

Life Course Healthy Child Programme 0-19

Universal

- Health and development reviews
- Screening and physical examinations
- Immunisations
- Promotion of health and wellbeing, e.g.
 - smoking
 - diet and physical activity
 - breastfeeding and healthy weaning
 - keeping safe
 - prevention of sudden infant death
 - maintaining infant health
 - dental health

Promotion of sensitive parenting and child development

Involvement of fathers
Mental health needs assessed

Preparation and support with transition to parenthood and family relationships

Signposting to information and services

Universal plus

- Emotional and psychological problems addressed
- Promotion and extra support with breastfeeding
- Support with behaviour change (smoking, diet, keeping safe, SIDS, dental health)

Parenting support programmes, including assessment and promotion of parent-baby interaction

Promoting child development, including language

- additional support and monitoring for infants with health or developmental problems
- common Assessment Framework completed

Higher risk

- High-intensity-based intervention
- Intensive structured home visiting programmes by skilled practitioners
- Referral for specialist input
- Action to Safeguard the child
- Contribution to care package led by specialist service.

The best start
for all children

Safeguarding

